

2018 Boys Hockey Summer Calendar

June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am, 10:00am, or 6:30pm	5 Litchfield 8:00-9:00 on the track Ice at National Hockey Center 6:15-7:15 p.m.	6 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am, 10:00am, or 6:30pm	7 Litchfield 8:00-9:00 on the track Ice at National Hockey Center 6:45-7:45 pm	8 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am, 10:00am, or 6:30pm	9
10	11 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am, 10:00am, or 6:30pm	12 Litchfield 8:00-9:00 on the track Varsity Scrimmage in Orono vs Delano 11:45-2:00	13 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am, 10:00am, or 6:30pm	14 Litchfield 8:00-9:00 on the track Ice at National Hockey Center 6:45-7:45 pm	15 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am, 10:00am, or 6:30pm	16
17	18 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am, 10:00am, or 6:30pm	19 Litchfield 8:00-9:00 on the track	20 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am, 10:00am, or 6:30pm	21 Litchfield 8:00-9:00 on the track Ice at National Hockey Center 6:45-7:45 pm	22 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am, 10:00am, or 6:30pm	23
24 Ice at National Hockey Center 8:15-9:15 p.m.	25 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am, 10:00am, or 6:30pm	26 Litchfield 8:00-9:00 on the track	27 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am, 10:00am, or 6:30pm	28 Litchfield 8:00-9:00 on the track Varsity Scrimmage in Hutch 6:15-7:45 pm	29 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am, 10:00am, or 6:30pm	30

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8	9 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am,10:00am, or 6:30pm	10 Litchfield 8:00-9:00 on the track	11 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am,10:00am, or 6:30pm	12 Litchfield 8:00-9:00 on the track Ice at National Hockey Center 6:45-7:45pm	13 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am,10:00am, or 6:30pm	14 <u>Varsity</u> Scrimmages in Monticello
15	16 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am,10:00am, or 6:30pm	17 Litchfield 8:00-9:00 on the track	18 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am,10:00am, or 6:30pm	19 Litchfield 8:00-9:00 on the track	20 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am,10:00am, or 6:30pm	21 <u>Varsity</u> scrimmages in Marshall
22	23 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am,10:00am, or 6:30pm	24 Litchfield 8:00-9:00 on the track Ice at National Hockey Center 8:00-9:00 pm	25 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am,10:00am, or 6:30pm	26 Litchfield 8:00-9:00 on the track	27 DC strength and conditioning 7:15-8:30 a.m. Litchfield lifting (3 options) 7:00am,10:00am, or 6:30pm	28
29 Ice at National Hockey Center 8:15-9:15 pm	30 <u>Varsity</u> scrimmages in Mound 12:00 and 1:00	31 Ice at National Hockey Center 8:00-9:00 pm				